

香港中文大學香港糖尿病及肥胖症研究所 丘中傑糖尿病檢測中心

Yao Chung Kit Diabetes Assessment Centre Hong Kong Institute of Diabetes and Obesity, CUHK



Cardiovascular Risk Assessment

[Cardiovascular Risk Assessment] is indicated for high-risk subjects such as people with pre-diabetes status. The assessment includes medical, family & drug history, physical examination, electrocardiogram, blood tests & urine tests for micro-albumin.

Please note the following preparation on the assessment day:

- Please be punctual for the procedure which lasts for approximately 2 hours.
- Fast for <u>at least 8 hours</u> but small amount of water is acceptable.
- For women who are having menses, please save urine specimen after the period or change the appointment for screening.
- Please bring along the following items as appropriate: (1) HKID card or similar documents,
 (2) Breakfast / snacks, (3) Medications with original packing and labels.
- Fee: HKD\$1,800(For HKID card holder) / HKD\$3,600(For non-HKID card holder).
- ➤ No service will be provided if the Black rainstorm warning signal and/or the tropical cyclone warning signal No. 8 or above are hoisted. Our service will be resumed as soon as practicable after the warning signal is lifted.

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Dec 2014