



Diabetic Complications Assessment Programme

Please note the following preparations on the examination day:

- ✓ Please be punctual for the procedure which lasts approximately 4 hours.
- ✓ Assessment items include medical, family and drug history, obesity indexes, blood pressure, visual acuity, fundus photo, electrocardiogram, foot examination, blood and urine tests.
- ✓ Fast for **at least 8 hours** but small amount of water is acceptable.
- ✓ **Temporarily withhold** diabetic medications or insulin injections before blood taking.
- ✓ We may need to dilate pupils for fundus examination. This will cause blurring of vision for a few hours when driving is not recommended..
- ✓ Temporarily withhold eye drops for glaucoma if any and inform our staff at registration.
- ✓ For women who are having menses, please save urine specimen after the period or change the appointment for screening.
- ✓ Please bring along the following items as appropriate:
 - (1) HKID card or similar documents for identification
 - (2) Breakfast / snacks
 - (3) Medications with original packing and labels, including insulin & injection accessories
 - (4) Medical follow-up cards and/or records, if any
 - (5) A pair of glasses if any, please do not wear contact lens
 - (6) Sunglasses / umbrella
- ✓ Fee: HK\$2,200 in cash (For HKID card holder)
 HK\$4,400 in cash (For non-HKID card holder)
- ✓ No service will be provided if the Black rainstorm warning signal and/or the tropical cyclone warning signal No. 8 or above are hoisted. Our service will be resumed as soon as practicable after the warning signal is lifted.

<u>Opening Hour:</u>	
Monday – Thursday	8:45AM – 5:30PM
Friday	8:45AM – 5:45PM
Saturday, Sunday & Public Holidays	Closed

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